



WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety, please do not hesitate to contact the Designated Safeguarding Lead or Deputies straightaway.

Bedford Borough Integrated Front Door
(children's social services) 01234 718700
Out of hours – 0300 3008123

If a child is in immediate danger, call the Police on 999

Meet the Designated Safeguarding Team:

The Safeguarding Team oversee and coordinate all aspects of the school's work to ensure that children are kept safe
safeguarding@goldington.beds.sch.uk

Designated Safeguarding Lead

Mr Will Atkinson

atkinsonw@goldington.beds.sch.uk

Deputy Designated Safeguarding Lead

Head of Year Seven:

Mrs Anthea Jones

jonesa@goldington.beds.sch.uk

School Safeguarding Governor:

Mr Neil Davies

daviesn@goldington.beds.sch.uk

Special Educational Needs &/or Disabilities Coordinator:

Miss Claire Johnstone

johnstonec@goldington.beds.sch.uk

Head of Year Eight:

Mrs Louise McCarthy-Gardner

mccarthy-gardnerl@goldington.beds.sch.uk

gardnerl@goldington.beds.sch.uk

Head of Year Nine:

Mr Michael Lincoln

lincolnm@goldington.beds.sch.uk

Head of Year Ten:

Mr James Pinkney

pinknevj@goldington.beds.sch.uk

Head of Year Eleven:

Mr Liam Hall

halll@goldington.beds.sch.uk

All can be contacted via the school office on 01234 261516

For a copy of our school's Child Protection Policy, please visit the Safeguarding page on our [school website](#)

Welcome to the twenty-seventh edition of the safeguarding newsletter from the Goldington Academy safeguarding team. Our aim is to bring you all the latest, relevant help and advice on issues that we feel will be of importance to you.

In this issue, we focus on the meaning of **emojis** and provide a guide to **managing exam stress**.

Safeguarding children is everybody's responsibility. If you have concerns about the safety or welfare of any child, please do not hesitate to speak to a member of staff.

We hope that you will find the information in this newsletter useful. Please do not hesitate to contact us if you require any further information or support with any of the topics raised.

Yours sincerely

Mr W Atkinson







Assistant Headteacher

Designated Safeguarding Lead






Emojis guide

Emojis have evolved into a coded language amongst social media users. For those of us who are not familiar with this, it can be very confusing. Please see the guide below which explains some of the potential meanings of emojis.










Sexting and Sexual References:

-  (Eggplant): male genitalia
-  (Peach): buttocks
-  (Cherries): breasts or testicles.
-  (Sweat Droplets): sexual arousal or ejaculation
-  (Tongue): Suggests oral sex.
-  (Plug): Refers to a drug dealer





Colored Heart Emojis:

-  (Red Heart): Love or deep affection.
-  (Purple Heart): Signifies sexual attraction or a casual relationship.
-  (Yellow Heart): Indicates friendship or a platonic interest.
-  (Pink Heart): Represents a crush or infatuation without sexual intent.
-  (Orange Heart): Offers reassurance or support.

Drug-Related Emojis:

-  (Herb/Maple Leaf/Leaves): Marijuana.
-  (Pill): General drug reference or prescription pills.
-  (Snowflake): Cocaine.
-  (Plug): Drug dealer.
-  (Snow-Capped Mountain): Cocaine
-  (Horse): Ketamine.
-  (Balloon): Nitrous oxide (laughing gas).
-  (Mushroom): Psilocybin mushrooms (hallucinogens).
-  (Rocket): High potency drugs.

Incel and Radicalisation Emojis:

-  (Red Pill): Represents adopting beliefs associated with the "manosphere," often linked to misogynistic ideologies.
-  (Dynamite): Signifies an "exploding red pill," indicating extreme incel views.
-  (Hundred Points): Refers to the "80/20 rule," a belief that 80% of women are attracted to 20% of men, used within incel communities.
-  (Kidney Bean): Used to self-identify as an incel.

Top Tips for Managing Exam Stress

[10 Top Tips for Managing Exam Stress | Free Guide](#)

Exam stress – sometimes referred to as test anxiety – is of course a long-running issue for children and young people. Many experts have suggested that the enforced break to traditional testing during the pandemic (specifically the relative lack of familiarity with exam situations) has exacerbated this problem for those who are currently in education. The possible impact of exam stress on children's mental, emotional and physical wellbeing is difficult to overstate and students' need for support is seldom greater than during these periods of their academic life. Our guide offers you ten practical tips for helping young people to manage exam stress and minimise its potentially detrimental effects.

<http://nationalonlinesafety.com/enrol/goldington-academy>

Once you have registered, you will be able to access the "Online Safety for Parents and Carers course" and National Online Safety's Resources (which includes a wide range of online platform guides on the latest social media channels and games). This aims to help empower parents with the knowledge to protect their children from the dangers of the internet.

Early Help Service

The Early Help service is made up of six Early Help professionals who support schools to co-ordinate early help for pupils and their families. The Early Help service includes the following teams:

- Adolescent response team
- Early Help Hub
- Education Welfare
- Family Information Service
- Family Support Hub
- Inclusion Support
- Parenting Team
- Strengthening Families Team

For further information, please visit [Early Help Assessment - Overview | Bedford Borough Council](#) or speak to any member of the school's safeguarding team.