

POWER

to the PARENTS

keeping our children **SAFE**

Do you ever worry about:

- Exploitation and Grooming
- Social media and online safety
- Peer Pressure and risky behaviour
- Mental health and Emotional well being
- School, friendships, relationships
- Keeping communication open at home

What your get:

- Practical advice
- A safe space to ask questions
- Support from other parents/carers
- Guest speakers and specialist knowledge
- Tips you can use straight away at home
- No judgement
- Just conversations and support

Every Monday 5pm to 6pm

via MS Teams

Free
to attend



Open

to all parents
& carers