



**WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD**

If you are worried about a child's safety, please do not hesitate to contact the Designated Safeguarding Lead or Deputies straightaway.

Bedford Borough Integrated Front Door  
(children's social services) 01234 718700  
Out of hours – 0300 3008123

If a child is in immediate danger, call the Police on 999

**Meet the Designated Safeguarding Team:**

The Safeguarding Team oversee and coordinate all aspects of the school's work to ensure that children are kept safe

[safeguarding@goldington.beds.sch.uk](mailto:safeguarding@goldington.beds.sch.uk)

**Designated Safeguarding Lead**

Mr Will Atkinson

[atkinsonw@goldington.beds.sch.uk](mailto:atkinsonw@goldington.beds.sch.uk)

**Deputy Designated Safeguarding Lead**

**Head of Year Seven:**

Mrs Anthea Jones

[jonesa@goldington.beds.sch.uk](mailto:jonesa@goldington.beds.sch.uk)

**School Safeguarding Governor:**

Mrs Kate Reynier

[reynierk@goldington.beds.sch.uk](mailto:reynierk@goldington.beds.sch.uk)

**Special Educational Needs &/or Disabilities Coordinator:**

Mr Sailesh Roopnarain

[roopnarains@goldington.beds.sch.uk](mailto:roopnarains@goldington.beds.sch.uk)

**Head of Year Eight:**

Mrs Louise McCarthy-Gardner

[mccarthy-gardnerl@goldington.beds.sch.uk](mailto:mccarthy-gardnerl@goldington.beds.sch.uk)

**Head of Year Nine:**

Mr Michael Lincoln

[lincolnm@goldington.beds.sch.uk](mailto:lincolnm@goldington.beds.sch.uk)

**Head of Year Ten:**

Mr Liam Hall

[halll@goldington.beds.sch.uk](mailto:halll@goldington.beds.sch.uk)

**Head of Year Eleven:**

Mr James Pinkney

[pinkneyj@goldington.beds.sch.uk](mailto:pinkneyj@goldington.beds.sch.uk)

All can be contacted via the school office on 01234 261516

For a copy of our school's Child Protection Policy, please visit the Safeguarding page on our [school website](#)

Dear Parents/Carers

Welcome to the thirty-eighth and final edition of the safeguarding newsletter from the Goldington Academy safeguarding team. Our aim is to bring you all the latest, relevant help and advice on issues that we feel will be of importance to you.

In this issue, we focus on 'self-care over the summer' with a link to the Mentally Healthy Schools website and emergency contacts/numbers which may be of use over the summer holiday.

Safeguarding children is everybody's responsibility. If you have concerns about the safety or welfare of any child, please do not hesitate to speak to a member of staff.

We hope that you will find the information in this newsletter useful. Please do not hesitate to contact us if you require any further information or support with any of the topics raised.

Yours sincerely

Mr W Atkinson

**Assistant Headteacher**

**Designated Safeguarding Lead**

**SELF-CARE SUMMER TOOL KIT**

The summer holidays are meant to be a time to relax, reset and to take a break, so that we are all refreshed for the start back to school in September.

For some parents, staff and pupils however, the summer can be a difficult few weeks to try and switch off, with some young people struggling to cope with the loss of structure and not seeing their friends on a daily basis. With a lack of school routine, some young people find themselves behaving and thinking in ways that they would not normally.

It is essential for us all to look after our mental wellbeing, as well as that of the children in our care during the summer break. It can be a great opportunity to start something new.

Please see the links below to the Anna Freud Mentally Health Schools website, which contains tips for helping children with long holidays and key transitions.

<https://www.mentallyhealthyschools.org.uk/resources/helping-children-after-long-holidays-and-key-transitions/>

## Helpful contacts for pupils, parents and guardians

**Bedfordshire Police HQ** (non-emergency) - 01234 841212

In an immediate **emergency** always dial **999**

**NSPCC** - 0808 800 5000 (24 hour helpline)

**Integrated Front Door** (Children's social services) - 01234 718700 (office hours) or ring 0300 300 8123 (out of hours)

**National Domestic Abuse Helpline** –0808 2000 247

**Bedford Borough Early Help** - 01234 718700 - [EarlyHelpHub@Bedford.gov.uk](mailto:EarlyHelpHub@Bedford.gov.uk)

**National Bullying helpline** 0300 323 0169

**Young Minds** - <https://www.youngminds.org.uk/>

**CAMH self-referral** - <https://www.elft.nhs.uk/camhs/self-referral-form-bedford-north-bedfordshire-camhs>

## What parents & educators need to know about “Fortnite”

### [What You Need to Know about Fortnite | Free Online Safety Guide](#)

Over the years, “Fortnite” has become a household name in the gaming community. It was one of the first titles in the “Battle Royale” subgenre, where players are thrown into a chaotic free-for-all on a sprawling map and fight until only one remains. Its cartoonish presentation and satisfying gameplay loop make it a potentially attractive choice for young players.

However, it is important to remember that online safety risks are always present, especially in multiplayer games, and “Fortnite” is no exception. This free guide, put together with expert input, tells you all you need to know about the safety concerns of this popular title and offers advice on how to protect children and young people as they enjoy the game.

<http://nationalonlinesafety.com/enrol/goldington-academy>

Once you have registered, you will be able to access the “Online Safety for Parents and Carers course” and National Online Safety’s Resources (which includes a wide range of online platform guides on the latest social media channels and games). This aims to help empower parents with the knowledge to protect their children from the dangers of the internet.

## Early Help Service

The Early Help service is made up of six Early Help professionals who support schools to co-ordinate early help for pupils and their families. The Early Help service includes the following teams:

- Adolescent response team
- Early Help Hub
- Education Welfare
- Family Information Service
- Family Support Hub
- Inclusion Support
- Parenting Team
- Strengthening Families Team

For further information, please visit [Early Help Assessment - Overview | Bedford Borough Council](#) or speak to any member of the school’s safeguarding team.