

### Safeguarding





Week 30 - May 24

## WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety, please do not hesitate to contact the Designated Safeguarding Lead or Deputies straightaway.

Bedford Borough Integrated Front Door (children's social services) 01234 718700 Out of hours – 0300 3008123

If a child is in immediate danger, call the Police on 999

## Meet the Designated Safeguarding Team:

The Safeguarding Team oversee and coordinate all aspects of the school's work to ensure that children are kept

safeguarding@goldington.beds.sch.uk

# Designated Safeguarding Lead Head of Year Nine:

Mr Will Atkinson atkinsonw@goldington.beds.sch.uk

## Deputy Designated Safeguarding Lead Head of Year Seven:

Mrs Anthea Jones jonesa@goldington.beds.sch.uk

#### **School Safeguarding Governor:**

Mrs Kate Reynier reynierk@goldington.beds.sch.uk

#### **Special Educational Needs Coordinator:**

Mr Sailesh Roopnarain roopnarains@goldington.beds.sch.uk

#### **Head of Year Eight:**

Mr Michael Lincoln lincolnm@goldington.beds.sch.uk

#### **Head of Year Ten:**

Mr James Pinkney
pinkneyj@goldington.beds.sch.uk

#### **Head of Year Eleven:**

Mr Liam Hall hall@goldington.beds.sch.uk

All can be contacted via the school office or on 01234 261516

For a copy of our school's Child Protection Policy, please visit the Safeguarding page on our school website

#### Dear Parents/Carers

Welcome to the thirtieth edition of the newsletter from the Goldington Academy Safeguarding Team. Our aim is to bring you all the latest, relevant help and advice on issues that we feel will be of importance to you. The issue focuses on the **Early Help Positive Parenting offer** from April to July and we revisit **Online bullying**. We cover online safety and personal safety, including bullying, through our Life Skills and wider curriculum.

Safeguarding children is everybody's responsibility. If you have concerns about the safety or welfare of any child, please do not hesitate to speak to a member of staff.

We hope that you will find the information in this newsletter useful. Please do not hesitate to contact us if you require any further information or support with any of the topics raised.

Yours sincerely

Mr W Atkinson

Assistant Headteacher
Designated Safeguarding Lead

#### **Early Help Positive Parenting offer**

'**Triple P**' is the flexible, practical way to develop skills, strategies and confidence for positive parenting.

Early Help 'Triple P' gives parents simple tips to help manage the big and small problems of family life. From toddler tantrums or teenage rebellion, self-esteem issues, bedtime battles, disobedience, aggression, 'Triple P' can help you deal with them all, and more.

'Triple P' — Positive Parenting Program responds to the needs of parents introducing core parenting skills giving parents simple and practical strategies to help them confidently manage their children's/teen's behaviour, prevent problems developing and build strong, healthy relationships.

#### How it is delivered?

Early Help's 'Triple P' delivery is a FREE service, aimed at families with children aged 3 to 18 years, through a range of universal programmes. The programme contains a variety of discussions, video clips, worksheets and booklets for you to take away. Our aim is to empower and equip parents with key skills to better, deal with the everyday and on occasions, extreme parenting challenges, giving parents, the kind of solid parenting information and support that can reduce their distress and help prevent behavioural problems in children.

Please see the link below for further information.

https://search3.openobjects.com/mediamanager/bedford/directory/files/triple-p-early-help-leaflet april-to-july-2024.pdf

#### **Online Bullying Explained**

#### Online Bullying Explained (nationalcollege.com)

Bullying has existed for as long as human beings have lived in communities. The advent of mobile devices and internet-enabled technology, however, has added a troubling new dimension to such belligerent behaviour. Sadly, bullying is no longer limited to its historical orbit of the school day: victims can now be harassed through their phone, laptop, console or tablet at any time, and even in the protective environment of home. When this happens, the attacks can feel impossible to escape from, exacting an amplified toll on the target's mental health. What is more, the internet offers perpetrators a degree of anonymity, so cyber-bullying is even harder to monitor than its offline equivalent.

#### http://nationalonlinesafety.com/enrol/goldington-academy

Once you have registered, you will be able to access the "Online Safety for Parents and Carers' course" and National Online Safety's Resources (which includes a wide range of online platform guides on the latest social media channels and games). This aims to help empower parents with the knowledge to protect their children from the dangers of the internet.

#### <u>Smartphone Safety Tips | Free Online Safety Guide (nationalcollege.com)</u>

According to Ofcom, 69% of under-18s use a smartphone as their main method of going online. Additionally, 49% of children use them for online gaming putting smartphones only behind consoles (59%) as the device of choice for playing games on. Most people would not require such statistical evidence, however, to acknowledge the huge importance of phones to young people.

It is a particularly good to ensure that children are able to use their handsets responsibly – and, above all, safely. From passcodes to parental controls, and from screen time to scams, our #WakeUpWednesday guide has the essential advice.

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#### **Early Help Service**

The Early Help service is made up of six Early Help professionals who support schools to co-ordinate early help for pupils and their families. The Early Help service includes the following teams:

- Adolescent response team
- Early Help Hub
- Education Welfare
- Family Information Service

- Family Support Hub
- Inclusion Support
- Parenting Team
- Strengthening Families Team

For further information, please visit Early Help Assessment - Overview | Bedford Borough Council or speak to any member of the school's safeguarding team.