



# CAMBRIDGE NATIONALS LEVEL 1 AND 2 IN HEALTH AND SOCIAL CARE

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*Ofsted said: "Leaders have made improvements to assessment and the curriculum diligently and thoughtfully."*

*June 2016*

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# CAMBRIDGE NATIONALS LEVEL 1/LEVEL 2 SPECIFICATION AT A GLANCE

EXAM BOARD: OCR

## END OF COURSE ASSESSMENT

- Internal assessment
- Externally marked exam

### **Mandatory unit RO21: Essential values of care for use with individuals in care settings**

This unit introduces students to the core values and the rights of individuals accessing health and social care services. It also introduces some of the legislation that students should be aware of and ways in which individuals who use services are protected. The unit is assessed by a 1 hour, externally marked examination.

### **Mandatory unit RO22: Communicating and working with individuals in health, social care and early years' settings**

Students will be introduced to a range of different communication methods and factors that affect communication. They will also explore the impact of personal qualities that contribute to the delivery of effective care, such as patience, empathy and respect. The unit is assessed through an assignment in which students must a) explain communication techniques to others and b) demonstrate these in action.

### **Optional Unit R023: Understanding body systems and disorders**

This unit provides learners with knowledge of three major body systems: respiratory, digestive and cardiovascular.

Learners will investigate the structure and function of these systems and look at illnesses or disorders that may affect these systems, as well as how to take and interpret key measurements.

### **Optional unit RO31: Understanding basic first aid procedures**

This unit will provide learners with a knowledge of basic first aid procedures that could be used within a health and social care setting, including how to carry out basic first aid procedures which could potentially save lives. Learners will gain knowledge about how to assess the scene of an accident and identify risks or further hazards and what information they need to communicate when contacting the emergency services.

## **SUPPORTING TRIPS AND ACTIVITIES:**

- Visits to local early years centres
- Visits to elderly care facilities
- In-house workshops by professionals such as health care assistants, school nurses and play leaders

## **SHOULD MY CHILD STUDY HEALTH AND SOCIAL CARE?**

This qualification introduces students to the biggest employment sector in the UK, which includes elements of the NHS, local authority adult and child care services, as well as a range of independent providers which provide care in a variety of settings. It introduces students to this vocational sector and the role it plays in the health, well-being and care of individuals across all age ranges. As you might expect, both the bulk of learning and assessment is through practical means.

### ***What will my child gain from Health and Social Care?***

The qualification will broaden the learner's experience and understanding of the varied progression options available to them.

The main focus is on three areas, which cover:

- skills and processes, such as interpreting data to assess an individual's health, and designing a plan to improve their health and wellbeing
- attitudes, namely the care values that are vitally important in the sector, and the opportunity to practise applying them
- knowledge that underpins the effective use of skills, processes and attitudes, including human growth and development, health and social care services, and factors affecting people's health and wellbeing.

### ***Where will Health and Social Care take my child?***

Learners who generally achieve at Level 2 across their key stage 4 learning might consider progression to:

- A Levels as preparation for entry into higher education in a range of subjects
- study of a vocational qualification at Level 3, such as a BTEC National in Health and Social Care, which prepares them to enter employment or apprenticeships, or to move on to higher education by studying a degree in aspects of health or social care.

## **Further reading/ suggested revision materials:**

Cambridge National Level 1/2 qualification in Health and Social Care. Maria Ferreiro Peteiro, Judith Adams, Mary Riley  
ISBN 9781471899744  
Publication date: Apr 2017

**For further information, please contact:**

## **Head of Vocational Subjects:**

**Mrs Chapman, B Ed (Hons) Secondary PE**  
[chapmanl@goldington.beds.sch.uk](mailto:chapmanl@goldington.beds.sch.uk)

### **Goldington Academy**

Haylands Way  
Bedford  
MK41 9BX

**Principal:** Mr F Galbraith

**Tel:** (01234) 261516

**Email:** [office@goldington.beds.sch.uk](mailto:office@goldington.beds.sch.uk)

**Website:** [www.goldington.beds.sch.uk](http://www.goldington.beds.sch.uk)



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