



Haylands Way, Bedford MK41 9BX

**Telephone:** 01234 261516 **e-mail:** office@goldington.beds.sch.uk

Website: www.goldington.beds.sch.uk

Principal: Mr. Francis Galbraith BSc (Hons), NPQH, MBA

May 2023

**Dear Parents/Carers** 

## Ten Top Tips for Stronger Passwords

According to a Google survey, more than half of us (52% to be exact) routinely re-use the same passwords, with around one in ten employing a single password across all of their online accounts. What that means, of course, is that any hacker successfully cracking our password would find themselves with access to not simply one of our online accounts, but several (at least).

That, along with the fact that many people's favoured passwords are not exactly impenetrable, makes it easier to see why some sources put the number of online accounts being broken into at around 100 per second. Yes, you read that right: 100 per second. To help give you some extra peace of mind about your digital data, our #WakeUpWednesday guide has some tips on setting more secure passwords.

In the guide, you will find a number of top tips on setting stronger passwords such as how to get creative, what to avoid and the value of multi-factor authentication.

## https://nationalonlinesafety.com/hub/view/guide/stronger-passwords

In the guide, you will find tips on a number of potential risks such as the potential for online addiction, in-game purchases and simulated violence.

Please find below the URL you will need. Complete your details and select "I am a: Parent/Carer" from the dropdown:

## http://nationalonlinesafety.com/enrol/goldington-academy

Once you have registered, you will be able to access the "Online Safety for Parents and Carers' course" and National Online Safety's Resources (which includes a wide range of online platform guides on the latest social media channels and games). This aims to help empower parents with the knowledge to protect their children from the dangers of the internet.























If you have any questions, or trouble accessing the course, please contact <a href="mailto:support@nationalonlinesafety.com">support@nationalonlinesafety.com</a>.

We hope you will find this useful.

Yours sincerely

W Atkinson A Jones

Mr W Atkinson Mrs A Jones

DSP DDSP