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Dear Parents/Carers

### Ten Top Tips for Stronger Passwords

According to a Google survey, more than half of us (52%, to be exact) routinely re-use the same passwords, with around one in ten employing a single password across all of their online accounts. What that means, of course, is that any hacker successfully cracking our password would find themselves with access to not simply one of our online accounts, but several (at least).

That, along with the fact that many people's favoured passwords are not exactly impenetrable, makes it easier to see why some sources put the number of online accounts being broken into at around 100 per second. Yes, you read that right: 100 per second. To help give you some extra peace of mind about your digital data, our #WakeUpWednesday guide has some tips on setting more secure passwords.

In the guide you will find a number of top tips on setting stronger passwords such as how to get creative, what to avoid, and the value of multi-factor authentication.

<https://nationalonlinesafety.com/hub/view/guide/stronger-passwords>

In the guide you will find statistics and trends such as the current most popular platforms for young people and the proportion of children in each age group who play online games.

In the guide you will find a number of potential risks such as compulsive playing, audio chat with other gamers and in-game spending.

In the guide you will find tips on reducing push notifications from apps, avoiding social media arguments and spotting when a child's been upset by something online.

Please find below the URL you will need. Complete your details and select "I am a: Parent/Carer" from the dropdown:

<http://nationalonlinesafety.com/enrol/goldington-academy>

Once you have registered, you will be able to access the “Online Safety for Parents and Carers’ course” and National Online Safety’s Resources (which includes a wide range of online platform guides on the latest social media channels and games). This aims to help empower parents with the knowledge to protect their children from the dangers of the internet.

If you have any questions, or trouble accessing the course, please contact [support@nationalonlinesafety.com](mailto:support@nationalonlinesafety.com).

We hope you will find this useful.

Yours sincerely

*W Atkinson*

*A Jones*

**Mr W Atkinson**  
**DSP**

**Mrs A Jones**  
**DDSP**