

May 2023

Dear Parents/Carers

A free online safety guide on OFCOM's Children & Parents: Media Use & Attitudes Report 2023.

Ofcom's annual 'Children and Parents: Media Use and Attitudes' report provides a comprehensive picture of how young people used and interacted with the internet in the preceding year. It is a fascinating snapshot of what games and apps young people are currently favouring, how long they spend online and how tastes change at certain ages.

While some of Ofcom's latest findings will probably come as scant surprise (YouTube being by far the most popular platform among under-18s, for instance), other conclusions may raise an eyebrow or two. This special #WakeUpWednesday guide presents some of the report's most eye-catching facts and figures in an accessible infographic format.

<https://nationalonlinesafety.com/hub/view/guide/ofcom-s-media-use-attitudes-report-2023>

In the guide you will find statistics and trends such as the current most popular platforms for young people and the proportion of children in each age group who play online games.

In the guide you will find a number of potential risks such as compulsive playing, audio chat with other gamers and in-game spending.

In the guide you will find tips on reducing push notifications from apps, avoiding social media arguments and spotting when a child's been upset by something online.

Please find below the URL you will need. Complete your details and select "I am a: Parent/Carer" from the dropdown:

<http://nationalonlinesafety.com/enrol/goldington-academy>

Once you have registered, you will be able to access the “Online Safety for Parents and Carers’ course” and National Online Safety’s Resources (which includes a wide range of online platform guides on the latest social media channels and games). This aims to help empower parents with the knowledge to protect their children from the dangers of the internet.

If you have any questions, or trouble accessing the course, please contact support@nationalonlinesafety.com.

We hope you will find this useful.

Yours sincerely

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