

13 February 2026

Dear Year 11 Parents/Carers

As we move further into the school year, we would like to remind you that all Year 11 students are expected to bring their full PE kit to every core PE lesson. Core PE remains an important part of the curriculum, giving students a valuable break from academic pressure and supporting both their physical and mental wellbeing.

We understand that some students may have lost or outgrown items of their Goldington PE kit. To ensure everyone can continue to take part, students may wear plain black or navy alternatives to replace any missing items. These do not need to be branded but should be suitable for physical activity.

Please note the following PE days for each form group:

- **1F, 11M and 11T** – PE kit is required on **Mondays and Thursdays**
- **11B, 11G and 11L** – PE kit is required on **Tuesdays and Thursdays**

It is essential that students bring kit to every lesson so they can fully participate. PE provides a positive outlet during what can be a demanding and stressful period for Year 11, and we want all students to benefit from this time.

Thank you for your continued support.

Yours sincerely

Mr Lodder/Miss Boston

PE Department

