



# CAMBRIDGE NATIONAL SPORTS STUDIES

*Ofsted said: "Relationships between teachers and pupils  
are excellent." February 2022*

## **EXAM BOARD:**        OCR

Cambridge National Sports Studies is split into 3 units. Two are compulsory and one is optional (chosen by the school).

The two mandatory units are:

1.     Contemporary issues in sport
2.     Performance and leadership in sports activities

The optional unit is:

1.     Sport and media

### **Overview of mandatory units**

#### **Contemporary issues in sport**

External assessment

Students will explore a range of topical and contemporary issues in sport, including learning about participation levels and barriers to completing sporting activities. Students will also learn how participation is impacted by the promotion of values and ethical behaviour, about the role of high-profile sporting events, the role of national governing bodies and how technology is used in within sport.

## **Performance and leadership in sports activities**

Non examined assessment. Assessed by Goldington Academy, moderated by OCR.

Students will develop their skills both as a performer in two different sporting activities, and as a leader, developing a range of transferable skills. Students will work both independently and as part of a team, including communicating with team mates and being in front of an audience when they perform. Students will perform under pressure (as a participant and as a leader) and will use their initiative to solve problems and make decisions. Finally, students will deal with rapidly changing conditions and situations.

## **Overview of Optional Unit**

### **Sport and the media**

Non examined assessment. Assessed by Goldington Academy, moderated by OCR.

Students will explore the different sides of a range of media sources and apply real life examples to show the nature of the relationship between media and sport. Students will also learn how rapid development in technology is enabling sport to be viewed, replayed and discussed whenever and wherever the spectator wants. Students will then evaluate and interpret the different ways in which sport is represented by the media.

## **Course organisation**

Students will experience a mixture of theoretical and practical sessions during Year 10; however, the majority of the course will be theoretical in Year 11.

## **Course expectations**

Approximately 2 hours per week of additional sporting activities should be undertaken by students, either in the Goldington Academy extra-curricular programme or outside of school. This ideally should be both performance and leadership based.

## **COURSE ASSESSMENT**

Candidates will pursue a course leading to the award of a Level 1 or Level 2 Certificate with distinction, merit or pass. Level 2 Distinction \* being the highest and Level 1 pass being the lowest award.

## **Mandatory Units Assessment**

Contemporary issues in sport

40% of final grade

1 hour 15 minute terminal examination

70 marks

OCR-set and marked

Comprises short answer questions, extended response and some multiple-choice questions.

Developing sports skills

40% of final grade

OCR-set assignment (coursework)

80 marks

Centre-assessed and OCR moderated

## **Optional Unit Assessment**

Sport and the Media

20% of final grade

OCR-set assignment (coursework)

40 marks

Centre-assessed and OCR moderated

Sport Studies Specification J829

[www.ocr.org.uk/Images/610953-specification-cambridge-nationals-sport-studies-j829.pdf](http://www.ocr.org.uk/Images/610953-specification-cambridge-nationals-sport-studies-j829.pdf)

For further information, please contact:

**Head of Vocational Subjects:**

**Mrs Chapman, B Ed (Hons) Secondary PE**  
[chapmanl@goldington.beds.sch.uk](mailto:chapmanl@goldington.beds.sch.uk)

**Goldington Academy**  
Haylands Way  
Bedford  
MK41 9BX

**Principal:** Mr F Galbraith

**Tel:** (01234) 261516

**Email:** [office@goldington.beds.sch.uk](mailto:office@goldington.beds.sch.uk)

**Website:** [www.goldington.beds.sch.uk](http://www.goldington.beds.sch.uk)



[www.facebook.com/Goldington](http://www.facebook.com/Goldington)



[@GoldingtonAcad](https://twitter.com/GoldingtonAcad)