



PHYSICAL EDUCATION GCSE

Ofsted said: "There is a wide range of opportunities for pupils to extend their learning."

May 2026

PHYSICAL EDUCATION (PE) GCSE SPECIFICATION AT A GLANCE

EXAM BOARD: OCR

Candidates will pursue a course leading to the award of a GCSE 9-1 qualification at the end of Year 11.

END OF COURSE ASSESSMENT

60 % of marks

- Two hours of written assessment split over two examination papers (2 x 1 hour) taken at the end of the course
- A wide range of question types including multiple choice, single mark, short answer and extended response questions

30% of marks

- Non-examined Assessment (NEA) taken at the end of the course in three practical performances

10% of marks

- NEA - One performance analysis task completed as coursework and submitted at the end of the course

SHOULD MY CHILD STUDY PE?

To be successful in GCSE PE, students should:

- Have a strong interest and ability in science, particularly human biology
- Participate regularly in a minimum of two but preferably three sporting clubs outside of school or as part of Goldington's PE extra-curricular sports activities (to a good standard)
- Be prepared to undertake the considerable amount of theory learning needed
- Always have PE kit for lessons

What will my child gain from PE?

This is an interesting and challenging learning experience. GCSE Physical Education introduces key sporting ideas and shows how these interact with practical performance.

The development of transferable skills including: decision making, psychological understanding of people, independent thinking, problem solving and analytical skills as well as thinking, acting and reacting under pressure.

The study of GCSE Physical Education opens up a range of possibilities for further study and also into careers associated with the subject.

Where will PE take my child?

GCSE Physical Education is an excellent base for the A Level in Physical Education. It can also prepare you for the A Levels in Psychology and Sociology. This is an excellent additional qualification for those undertaking the sciences with the intention to move into medicine or physiotherapy routes.

Beyond A Level, the study of Physical Education can lead on to university degrees in sports science, sports management, physiotherapy, teaching, healthcare, or exercise and health. Physical Education can also complement further study in biology, human biology, physics, psychology, nutrition, sociology, teacher training and many more.

The transferable skills you learn through your study of Physical Education, such as decision making and independent thinking are also useful in any career path you choose to take.

SUPPORTING TRIPS AND ACTIVITIES:

Practice moderation of practical performances with other local schools.

Further reading/suggested revision materials:

OCR GCSE (9-1) PE Second Edition
John Honeybourne

For further information, please contact:

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