

Recipes that have one chef hat are low level skills. These recipes when made well will secure a Level 1.

Examples

Crumbles

Sandwiches

Pizza with ready made bases

Simple salads

Assembling products with ready made sauces

Recipes that have two chef hats are low / medium level skills. These recipes when made well will secure a Level 2/3

Examples

Ready made pastry items assembly e.g. Milles Feuilles Fruit and vegetable dishes that require even sizes e.g. julienne, macedoine.

Simple cakes, cookies scones, undecorated.

Pre cut meat products or simple meat dishes such as curry, bolognaise with home made sauce.

Recipes that have three chef hats are medium level skills. These recipes when made well will secure a Level 4/5

Examples

Cheesecakes. Home made ice cream.

Simple sauces—red wine.

Decorated cakes and gateaux, whisked sponge. Home made short crust pastry products,

Piped potato dishes, eg, duchess, croquette, shepherds pie.

<u>Recipes that have four chef hats are medium to high level skills. These recipes when made well will secure a</u> <u>Level 6/7</u>

Examples

Cheesecakes—gelatine, baked. Panna cotta. Rich yeast doughs. 1 Or 2 complex accompaniments/garnishes

Choux buns, home made puff pastry. Tirimisu with home made sponge.

Home made pasta dishes. Roux based sauces. Lyonnaise, dauphinoise potatoes.

Meat and fish dishes that require changing the shape of the meat e.g. chicken kiev.

Recipes that have five chef hats are high level skills. These recipes when made well will secure a Level 8/9.

Examples

De-boning/ portioning chicken. Filleting fish

3/4 complex accompaniments/ garnish

2 or more high skills to make one product e.g. Gateau St Honor

Presentation of dishes exemplary-clean neat presentation

Chocolate run outs, spun sugar for decorated cakes. Accurate piping skills.

