



Arts and Culture Challenge

60 by 7



What is 60 by 16?

60 by 16 is an Arts and Culture challenge created by Goldington Academy to encourage you to look beyond your everyday life.

We wanted to create a list to inspire you to widen your horizons, deepen your experiences of living in Bedford, and explore what it has to offer you.

We have created a list of 60 things to do, discover or experience in or around Bedford, with most of them being free. The idea is that you experience them all before you turn 16. The list will constantly evolve over time, so there will always be something new to try!

Once you have completed a challenge, tick it off and find a
new challenge to explore!

Tell us which challenges you have completed by emailing:

60by16@goldington.beds.sch.uk

You can also email us to let us know your ideas for the list -
we want to hear from you!

1. Draw a series of local landmarks such as The Embankment or the Butterfly Bridge.
2. Walk to Willington from the Priory and find the Dovecotes.
3. The donut van in the town centre has been a mainstay for ever! Try them out and say hello in Italian!
4. Find a new route through the Priory - try walking around the finger lakes.
5. Take a lovely walk through the Abbeyfields that loop back through Renhold. See if you can find the pigs!
6. Visit the Higgins Museum and seek out what our local gallery has to offer.
7. Bedford is a large place with beautiful sights and interesting history; visit a part of Bedford you haven't been to before!
8. Bedford is home to many churches and places of worship, supporting the different religious communities that live here. Find out about them!
9. Investigate your family history. Talk to family members about their lives and memories and create a family tree. Use online tools to research even further back in time.
10. Try rowing, paddle boarding or wild swimming. Remember to be water safe!
11. Parkrun is an organised event in Bedford park at the weekends. Find out the start time and plan your first 5k.
12. Visit John Bunyan House and find out about this famous Bedfordian.
13. Teach someone a new skill you are confident in. Perhaps it is a recipe, or roller skating!
14. Enjoy a beautiful walk through the RSPB woods in Sandy to enjoy the serenity of bird song.
15. Make a card for someone to let them know they are special in your life.

16. Visit Herring Green Activity Farm and meet some birds of prey.
17. Play tennis or table tennis in the parks in Bedford. Why not create a tournament with family or friends!
18. Try some new food - visit the food stalls or market in Bedford town and try something you have never eaten before.
19. Many buildings in Bedford have signs indicating that someone of interest lived at the address. Seek them out!
20. The Panacea Society is central to a religious group founded in Bedford. Visit the Panacea House to find out more.
21. Visit Chicksands Woods and make a den - keep an eye out for the fairy doors!
22. The Place Theatre has some amazing indoor and outdoor events. Take in a show!
23. Volunteer! This could be helping out in your local community, or even helping at home or school a little more often than you usually do.
24. Find out about your local foodbank. Find out how they help our community and tell us about how the community can help them.
25. Try a vegetarian or vegan diet for a day, a week, or even a month – create menus with your family to explore and create tasty meals.
26. Reduce your carbon footprint. Try walking or cycling instead of getting in a car.
27. Seek out performances held at the University of Bedfordshire to watch graduate performances on our doorstep.
28. Make something by hand, paint a picture or create a sculpture.
29. Take part in a debate! You could host a debate with your friends about issues you feel strongly about.
30. Write to your MP with your concerns or celebrations about Bedford.

31. Take a walk down the river and see how far it goes.
32. The Quarry Theatre is a great venue to visit. Take in a show, or pop in to see the award-winning architecture.
33. Rugby is a mainstay in Bedford and the crowd can be heard all over Bedford on Saturday. Try and see a match one day to soak up the atmosphere.
34. Create a playlist of your favourite songs to share with someone.
35. Research how Bedford town has changed and developed over time, for example find out about the history of your house or street.
36. Have a go at the BMX trials at Mowsbury Park.
37. Become a journalist! Investigate different sides of Bedford and make new discoveries by collecting stories from the people living here.
38. Write a letter to a newspaper about a local event that has given you something to say.
39. Have a movie night to share your favourite movie moments with your friends and family.
40. Join a club, maybe at school or at a local venue. It's a great way to meet new people.
41. Learn a new instrument. It can take time but it is a great way to be creative.
42. Read a book about someone of a different background to you. Visit the school library for inspiration.
43. Create a home movie!
44. Create a band with your friends. You could even try to write your own song.
45. Meet someone who does your dream job. Ask your teacher and the adults in your life for help.

46. Learn something brand new that cannot be taught in a lesson at school. Have a look at an online tutorial or an online course for inspiration.
47. Design a monument that could be erected in school or the community of something that you feel is worthy of such an honour!
48. Take a picture. Hone your skills by spending time experimenting with a camera. Perhaps you could even exhibit your work!
49. Start a campaign about a concern you have about Bedford, for example, littering or homelessness. Create a campaign to get the people of Bedford listening!
50. Design the floor plan of your dream home.
51. Create a scrapbook of all the things that are important to you.
52. The River Festival is a wonderful opportunity to experience new arts and cultures. Visit the community stage to see some local performances.
53. Bedford has some brilliant musicians! Take time to listen to buskers you like in the streets of Bedford.
54. Dance like no one is watching... really!
55. If an opportunity to do something brand new and out of your comfort zone comes along, say YES!
56. Create a family portrait. It could be a photograph, a collage or a painting.
57. Sing in the shower, car or bedroom with abandon!
58. Create your own line of fashion items. Think about the style, colours and textures you could use.
59. The John Bunyan Trail goes all around Bedford and the surrounding areas; explore some of the different walking routes.
60. There are lots of shows and musical events on at the Bedford Corn Exchange. Experience something new like the philharmonic orchestra.



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