Alert65

Allergens Summary: WEEK 3 Nov26

Reviewed by jk on 02-11-2026

✓ Contains
M May Contain
R Removable

Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
1. Monday															
Beef Lasagne, Garlic Bread			Barley (M) R Oats (M) R Rye (M) R Wheat ✓		(M)			✓					(M) R		
Spinach and Ricotta Cannelloni with Garlic Bread and Veg			Barley (M) R Oats (M) R Rye (M) R Wheat ✓		(M)			✓		(M)			(M)		

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2. Tuesday															
Chicken Tacos with Papitas con chilli	✓														
Mexican loaded potato and streetcorn bake					R ✓			✓							
toppings bar - guacamole and Sour Cream								R ✓							
toppings bar - salsa and mixed salad	✓														

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3. Wednesday															
Roast Chicken with Roast Potatoes, Veg & Yorkshire Pud			Wheat (R) ✓		(R) ✓			(R) ✓							
Sweetcorn Fritters with roasted tomato sauce			Wheat ✓		✓			✓							

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4. Thursday															
Butter Chicken Curry, Rice and Naan			Wheat R ✓					✓							
Sweet Potato and Chickpea curry with Rice and Naan (Allergen free without Naan)			Wheat R ✓												

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5. Friday															
Chicken Goujons, wedges, Peas / Beans			Wheat ✓												
Oven Baked Fish, Wedges, Beans / Peas			Barley (M) Wheat ✓			✓									
Southern fried Goujons with Potato Wedges, Beans and Peas		✓	Wheat ✓												
Veggie Fingers with wedges and beans or peas			Wheat ✓												

Signed by: Jasmine Keen _____ **Signature:** _____