Alert65

Allergens Summary: WEEK 2 Nov26

Reviewed by jk on 02-11-2026

✓ Contains
M May Contain
R Removable

Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
1. Monday															
Gluten free - Rice Noodles and Sweet chilli Chicken													✓		
HomeMade Spring Rolls and Noodles			Wheat ✓		✓								✓		
Lemon Pepper Chicken and Noodles			Wheat ✓		✓								✓		

Contains
May Contain
Removable

Menu Dishes

Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
2. Tuesday															
Gluten Free Sunset burger, wedges, corn, broccoli salad					R ✓		✓	R ✓		M		M	M		
Sunset Chicken Burger -chicken thigh with melting cheddar cheese, Piri Piri Mayo & lettuce. Corn and Broccoli Salad			Wheat ✓		R ✓			R ✓				M			
The big Cheese (veggie Burger) Grilled halloumi topped with sliced avocado, lettuce and Piri Piri Mayo - Corn and Broccoli salad			Wheat ✓		R ✓			✓				M			

Contains

May Contain

Removable

Menu Dishes

	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
3. Wednesday															
Mac N Cheese with Garlic bread, Sweetcorn			Barley (M) (R) Oats (M) (R) Rye (M) (R) Wheat										(R)		
Spaghetti Bolognese & Garlic Bread			Barley (M) Oats (M) Rye (M) Wheat					(M) (R)					(M) (R)		

Contains

May Contain

Removable

Menu Dishes

	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
4. Thursday															
Gluten Free (PORK) Sausage and Mash. greens and Gravy													M	✓	
Halal Sausage and Mash			Wheat ✓											✓	
Pork Sausage and Mash, Greens, Gravy			Wheat ✓											✓	
Vegan Quorn Sausage Mash and Greens			Wheat ✓												

Contains
May Contain
Removable

Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
5. Friday															
Chicken Goujons, wedges, Peas / Beans			Wheat ✓												
Falafel Bites, Potato Wedges, Slaw and Sauce selection			Wheat ✓		R ✓										
Oven Baked Fish, Wedges, Beans / Peas			Barley (M) Wheat ✓			✓									
Southern fried Goujons with Potato Wedges, Beans and Peas		✓	Wheat ✓												

Signed by: jasmine Keen _____ **Signature:** _____