

Allergens Summary: Mid Morning Break

Reviewed by Jasmine Keen on 16-07-2026

✔ Contains Ⓜ May Contain Ⓡ Removable															
Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Monday to Friday															
blueberry muffin			Wheat ✔		✔			✔				Ⓜ	Ⓜ		
Chicken Goujons			Wheat ✔												
Choc Chip shortbread			Wheat ✔		Ⓜ			✔					✔		Almonds Ⓜ Brazil nuts Ⓜ Cashews Ⓜ Hazelnuts Ⓜ Macadamia nuts Ⓜ Pecans Ⓜ Pistachios Ⓜ Queensland nuts Ⓜ Walnut Ⓜ
Chocolate Croissant			Wheat ✔		Ⓜ			✔					✔		Almonds Ⓜ Brazil nuts Ⓜ Cashews Ⓜ Hazelnuts Ⓜ Macadamia nuts Ⓜ Pecans Ⓜ Pistachios Ⓜ Queensland nuts Ⓜ Walnut Ⓜ

✓ Contains M May Contain R Removable Menu Dishes															
	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Monday to Friday															
Croissant			Wheat ✓		M			✓					M		Almonds M Brazil nuts M Cashews M Hazelnuts M Macadamia nuts M Pecans M Pistachios M Queensland nuts M Walnut M
Fruit Selection	✓														
Hash Browns	✓														
Iced Waffle			Wheat ✓		✓			M					✓		
Mini Mac n Cheese Pot			Wheat ✓					✓							
Pain Au Chocolate			Wheat ✓		M			✓					✓		Almonds M Brazil nuts M Cashews M Hazelnuts M Macadamia nuts M Pecans M Pistachios M Queensland nuts M Walnut M
Pizza Slice			Wheat ✓					✓				M			
Popchips - sour cream								✓							

Menu Dishes	✓ Contains Ⓜ May Contain Ⓡ Removable														
	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Monday to Friday															
Steak Bake			Barley ✓ Oats Ⓜ Rye Ⓜ Wheat ✓					✓							
YumYums			Wheat ✓		✓			✓					Ⓜ		Almonds Ⓜ Brazil nuts Ⓜ Cashews Ⓜ Hazelnuts Ⓜ Macadamia nuts Ⓜ Pecans Ⓜ Pistachios Ⓜ Queensland nuts Ⓜ Walnut Ⓜ

Signed by: Jasmine Keen

Signature: 